

The book was found

Easy, Healthy, Yummy Recipes That Tweens And Teens Can Make!: Simple Twists On Some Classic Favorites



Synopsis

Many kids aren't comfortable in the kitchen simply because they haven't been shown how much fun and how easy it can be to make good food. They may picture a lot of tedious work with a ton of instructions that don't make sense, and they'd rather just grab some fast food or ready made grab-and-go item as they head out the door, many of which aren't really very healthy. That's such a shame! I remember my grandmother teaching me some basic cooking skills when I was five years old, and the joy and excitement from that experience has stayed with me all my life. I hope to share my love of food and cooking with you through this book. You'll probably recognize most of the foods in these recipes, and now you'll know how to make them yourself instead of having to buy premade at the store. And these are simple enough recipes that you can learn from them, modify them to your own preferences, and easily make them often. Make them with your teens and tweens and enjoy quality time together, learning and growing together. Enjoy!

Book Information

File Size: 1437 KB

Print Length: 23 pages

Simultaneous Device Usage: Unlimited

Publication Date: January 3, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01A541A22

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #987,002 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #87 in Books > Teens > Hobbies & Games > Cooking #167 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Special Diet > Low Salt #292 in Books > Cookbooks, Food & Wine > Special Diet > Low Salt

[Download to continue reading...](#)

Easy, Healthy, Yummy Recipes That Tweens and Teens Can Make!: Simple Twists on Some Classic Favorites Low Calorie & Fat: Healthy Breakfast Recipes! Discover New Healthy Breakfast Ideas. Healthy Muffin Recipes, Healthy Smoothies, Healthy Egg Recipes and ... Only! (Low Calorie & Fat Recipes Book 1) Dump Dinners: 101 Easy, Delicious, and Healthy Meals Put Together in 30 Minutes or Less! (dump dinners, dump dinner recipes, crockpot recipes, dump ... recipes, healthy recipes, healthy cooking) Easy European Cookbook Box Set: Easy English Cookbook, Easy Greek Cookbook, Easy French Cookbook, Easy Irish Cookbook, Easy German Cookbook, Easy Portuguese ... Portuguese Recipes, Irish Recipes 1) Instant Pot Pressure Cooker Cookbook: Easy Recipes and the Ultimate Guide to Fast, Delicious, and Healthy Meals: Healthy, Easy And Delicious Meals With ... Crock Pot, Healthy, Quick & Easy, Paleo,) Some We Love, Some We Hate, Some We Eat: Why It's So Hard to Think Straight About Animals Some We Love, Some We Hate, Some We Eat: Why It's So Hard to Think Straight About Animals (P.S.) Our Sweet Basil Kitchen: Fresh Twists on Family Favorites With Recipe Mashups and Unique Flavor Combinations Easy Asian Cookbook Box Set: Easy Korean Cookbook, Easy Filipino Cookbook, Easy Thai Cookbook, Easy Indonesian Cookbook, Easy Vietnamese Cookbook (Korean ... Recipes, Asian Recipes, Asian Cookbook 1) 30 Day Whole Foods Challenge: Beginner's Guide with 150+ Compliant and Yummy Recipes Guaranteed to Lose Weight (Slow Cooker Recipes, Whole Food Recipes, Sugar Detox, Food Addiction) Yummy Meals for Children: An Inclusive Kids Cookbook with 30 Healthy and Delicious Recipes for Kids Great British Puddings: 140 Sweet, Sticky, Yummy, Classic Recipes from the Pudding Club of Great Britain Ketogenic Diet Cooking For One: Easy Recipes For One, That Makes Cooking Healthy For Yourself Simple (Healthy Cooking for One, Ketogenic Diet Recipes) Kawaii Sweets and Treats: A Super Cute Coloring Book (Kawaii, Manga and Anime Coloring Books for Adults, Teens and Tweens) (Volume 7) Kawaii Girl Fashion Coloring Book: Clothes, dresses, costumes and lots of cute kawaii fashions (Kawaii, Manga and Anime Coloring Books for Adults, Teens and Tweens) (Volume 3) Cookbook For Teens: Teen Cookbook - The Simple and Healthy Teen Cookbook - Easy and Delicious Recipes For Teenagers Kawaii Unicorns: A Super Cute Coloring Book (Kawaii, Manga and Anime Coloring Books for Adults, Teens and Tweens) (Volume 2) Kawaii Alpacas: A Super Cute Coloring Book (Kawaii, Manga and Anime Coloring Books for Adults, Teens and Tweens) (Volume 4) The Available Parent: Expert Advice for Raising Successful and Resilient Teens and Tweens Kawaii Halloween: A Super Cute Holiday Coloring Book (Kawaii, Manga and Anime Coloring Books for Adults, Teens and Tweens) (Volume 5)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)